

Overview of Older Adult Medicine in Temerty Faculty of Medicine Curriculum – Years 1-3

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What Students have been Learning Frameworks and Approaches

- “Geriatric syndromes” & 5 Ms
 - Frailty, Functional Decline and Weight Loss, Mobility Decline and Falls, Cognitive Decline, Delirium, Depression
 - Medical complexity
 - Optimal Prescribing in Older Adults
 - Patient-centered care, “Matters Most”
 - Advanced Care Planning and Goals of Care Discussions
- Decision Making Capacity, Ethics & Elder Abuse

What Students have been Learning Frameworks and Approaches

- End of Life Care
- Exposure to/ Experience with:
 - Comprehensive Geriatric Assessment (CGA)
 - Cognitive tests– MMSE, MoCA, CAM
 - Geriatric Depression Scale (GDS)
 - Rockwood Clinical Frailty Scale
- Collaborative Care
- Social Determinants

Curriculum Map: Where it's Taught

- Year 1
 - Physiologic aging
 - Pharmacology
 - Virtual tours LTC, home visit, older adult community health care panel
- Year 2
 - Embedded didactic and self-learning content in psychiatry (mood disorders), neurology (neurocognitive disorders), complex medical conditions (weight loss, hazards of hospitalization, elder abuse), surgery (surgery in older adult) + dedicated geriatric week (mobility, optimal prescribing, delirium, goals of care)
 - Clinical skills – practice with cognitive tests, medication history, full physical exam, CGA
 - Panel on intersectoral health disparities in older adults
- Year 3 – Integrated curriculum – Geriatric eModules
- Year 4

Embedded Older Adult Medicine Curriculum in 3rd Year

- **Transition to Clerkship (TTC)**

Seminar: Advanced Care Planning and Goals of Care discussions in Older Adults

- **Family Medicine**

4 eModules:

- Urinary function in older adults
- Medication optimization in older adults
- Care of Older Adults in Primary Care 1: Assessment and Management of Chronic Disease
- Care of Older Adults in Primary Care 2: Immunizations and Cancer Screening

Seminar: Caring for the older adult

- **Internal medicine**

2 eModules:

- Gait disorders in older adults
- Management of Behavioural and Psychological Symptoms of Dementia (BPSD)

Seminar: Transitions of Care: Disposition Planning in the Older Hospitalized Patient

Embedded Older Adult Medicine Curriculum in 3rd Year

- **Psychiatry**

- 1 eModule:

- Dementia: Assessment, Management, and Psychosocial Issues

- **Emergency Medicine**

- 2 eModules (Bootcamp):

- The older Adult who presents to the ED with a Fall
 - The older Adult who presents to the ED with Delirium

- **General Surgery**

- 2 eModules (Prelude):

- The Surgical Older Adult: Part 1
 - The Surgical Older Adult: Part 2